355th FSS/FSWO GENERAL RELEASE

Please read this document before signing. If you have any questions please ask us or consult an attorney.

The 355th Force Support Squadron Outdoor Recreation has done everything possible to ensure that our guests have a rewarding and enjoyable experience. We wish to inform our guests that any outdoor adventure program/activity or educational experience is not risk free. The same elements that contribute to the unique character and fun of the experience such as the physical exertion and fast-paced outdoor activity can also cause loss or damage to equipment, injury, illness, or in extreme cases, permanent trauma or death. We do not want to heighten or reduce your enthusiasm for the experience, but we do want you to know in advance what to expect, and to be informed of these possible risks. We ask that you read this release, sign it, and return it to our staff.

ACKNOWLEDGMENT OF RISK

There are risks that accompany all aspects of life as well as the adventure program you are going to experience. Many of these risks are inherent to the nature of the adventure program. Before taking part in a 355th Force Support Squadron, Outdoor Recreation activity, you must understand and accept all of the risks involved. A healthy understanding of these risks will ensure a safer, more enjoyable experience for all involved.

Risk of injury while participating in an Outdoor Recreation activity may be increased due to environmental and weather factors. The time of year and outdoor weather conditions can have a major effect on any injury. Injuries can also be caused by difficult terrain, extreme heat or cold, dangerous plants, insects or animals. Additionally, environmental conditions can lead to sunburn, dehydration, heat exhaustion, heat cramps and heat stroke, hypothermia or frost-bite. Lack of access to common amenities such as indoor eating facilities and rest/toilet facilities can also cause discomfort and injury to participants.

This list is not intended to be an exclusive or exhaustive list of possible injuries, trauma, or accidents that may occur while participating in an Outdoor Recreation adventure program. Most of these injuries are rare and you are not likely to encounter them if proper precautionary measures are taken. These injuries occur more often when the participants are using drugs or alcohol or not physically able to undertake the activity.

As part of the adventure, transportation maybe provided by motor vehicle, van, or bus, to and from the starting and ending point of the activity. You must understand and agree that you will not hold 355th Force Support Squadron Outdoor Recreation liable for any damages, injury or inconvenience resulting from this transportation.

Decisions during activities are often made by trip-leaders, volunteers, instructors, guides and participants in a wilderness setting, based on a variety of perceptions and evaluations weighed in light of their professional judgment. In order to participate, you must accept these risks and agree not to hold 355th Force Support Squadron Outdoor Recreation liable for any injury or inconvenience you receive as a direct or indirect result of a decision made by a trip-leader, instructor or guide. You must understand that you are responsible for your own safety and the safety of those around you throughout the course of the activity.

Trip-leaders and/or volunteer guides may request participation from attendees; it is solely your responsibility/choice to participate in any activity. You are responsible for asking questions of the activity trip-leaders, guides, or outfitters if you are unsure of the activity or have questions or concerns about the adventure program. You must understand that you are responsible for your own health and safety during throughout the adventure/activity program.

I have read and understand this page.

PARTICIPANT'S SIGNATURE or Signature of responsible adult for participants under 18

CONTRACT, WAIVER, RELEASE AND INDEMNIFICATION	
I certify that my family, including minor children and myself are in good physical condition and fully capable of participating in on	
(Trip Name)	(Date)
I state that I have read the above, non-exclusive statement on possible risks in this my family, including minor children, for bodily injury, death and loss of personanegligence of my family, negligence of another participant on the trip. I also unders Air Force reserves the right to refuse any person it judges to be incapable of adventure program.	al property and any expenses as a result of my negligence stand that the 355th Force Support Squadron and/or the U.S
I agree that Arizona courts shall have jurisdiction over any lawsuit or complaint the shall govern. The terms of this agreement shall continue and be in effect after the transfer of the same of the	
Should it prove necessary, I hereby give permission for transportation to any medianyself or my minor children. I authorize for any qualified guide or medical person or my family. I also hereby authorize the release of any applicable medical information and/or the U.S. Air Force to any medical facility, hospital, ambulance, first aid prendering care on my behalf. I hereby waive any action or claim against 355th Force care provider, hospital, doctor, nurse or first aid provider for the release of this mediany providing adequate health, disability and life insurance for my family and myself.	nnel to render necessary emergency medical care for mysel ation in the possession of the 355th Force Support Squadron rovider, first aid service, doctor, nurse or other such person ce Support Squadron and/or the U.S. Air Force or any health
I authorize and release to 355th Force Support Squadron and/or the U.S. Air Force for any purpose of 355th Force Support Squadron and/or the U.S. Air Force.	e the use of my image in any photograph or video recording
I understand that I may be provided safety equipment particular to the activity I am safety equipment will increase my chances of injury or death significantly.	participating in. I understand that failing to use the provided
I HAVE READ AND UNDERSTAND THIS AGREEMENT	
I, (participants' name), acting read, understand and acknowledge the risks and liability for myself and my statement I agree that, in accordance with the provisions of the above relea Force Support Squadron and the United States Air Force for damages or injuries arising during transportation to and from the activity.	family this day of year 2021. By signing this se, I am waiving all potential claims against the 355th



PARTICIPANT'S SIGNATURE or

Signature of responsible adult for participants under 18